



**Pre-op Instructions – Conscious Sedation (Adult)**

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

1. Do not eat or drink 6 hours prior to your dental procedure unless Diabetic.
2. Any medications that are normally taken should be taken with a sip of water, unless otherwise instructed by your doctor. Notify us in advance of your appointment if you normally take any medication for pain.
3. **A responsible adult must accompany the patient to the office and drive the patient to and from the appointment. This person must be able to drive since the patient will not be able to drive for at least 18 hours after the sedation. If the escort leaves the office at any time during the procedure, he or she must notify the front desk person and provide a cell phone number where they can be reached immediately.**
4. Loose clothes should be worn, no long sleeves.
5. Contacts should not be worn the day of the planned procedure.
6. Anesthetic cannot be administered if you have a severe cold, sore throat, or sinus infection with excessive drainage. If you develop any problems prior to your appointment, please call the office so that we can reschedule your appointment.
7. No make-up, earrings, jewelry (including body jewelry). Please remove extra fingernail polish, or any acrylic nails.
8. While taking antibiotics, birth control pills may become ineffective. Extra precautions should be taken while you are on antibiotics.
9. Please arrive 5-10 minutes before your appointment time. If you are late, or do not have an attendant, your appointment must be rescheduled.
10. Please call (281) 494-2477 if you must reschedule or cancel your appointment. A cancellation fee applies for cancellations later than 48 hours.
11. Payment is expected the day of your dental procedure and should be taken care of prior to sedation.